

Suicide Risk: More factors = Higher Risk

Mentally Ill	Many disciplinary reports
Drugs / Alcohol	History of self-harm
Distant family	Bad news/personal tragedy
No gang affiliation	Disciplinary custody
Youth	Violent history, conflicts
First 24 Hours	Legal disappointments
First offense	Upcoming legal events
Housing change	Sees suicide as honorable

Keep an eye out -- Communicate



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SUICIDE WARNING SIGNS - An inmate:

Neglects grooming	Suddenly "Improves"
Talks to self	Shows lack of emotions
Withdraws	Sudden change in behavior
Writes a will	Looks sad/tired/fearful/angry
Gives things away	Doesn't eat or sleep
Refuses treatment	Feels hopeless/worthless

Contact Mental Health

www.PreventSuicide.com 

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