

**SUICIDE WARNING SIGNS - An inmate:**

Neglects grooming	Suddenly "Improves"
Talks to self	Shows lack of emotions
Withdraws	Suddenly changes behavior
Writes a will	Looks sad/tired/fearful/angry
Gives things away	Doesn't eat or sleep
Refuses treatment	Feels hopeless/worthless


**Contact Mental Health**

[www.PreventSuicide.com](http://www.PreventSuicide.com) 

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**Suicide Risk: More factors = Higher Risk**

Mentally Ill	Many disciplinary reports
Drugs / Alcohol	History of self-harm
Distant family	Bad news/personal tragedy
No gang affiliation	Disciplinary custody
Youth	Violent history, conflicts
First 24 Hours	Legal disappointments
First offense	Upcoming legal events
Housing change	Sees suicide as honorable

**Keep an eye out -- Communicate** 

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